

The Four Practice Steps: (1) Label (2) Count. Clap and Tap (3) Finger/Sing (4) Play

West Friendship Elementary School Band Practice Chart 6

As a motivational and assessment tool, band students are keeping Practice Charts on which they are to record their practice. *This chart, combined with home book assignments, will make up a child's practice habits grade. All turned in practice charts receive 200/200 points = A. Charts not turned in are 0/200 = E.*

- Fill in student's name on receipt and keep current practice chart in student's binder at all times
- Place a \checkmark in the box if you practiced CORRECTLY for at least 15 minutes that day
- Circle whether practice was C=Concert Music, S=Scales/Other or B=Books
- Sign Practice Chart at end of each two-week cycle (both student and parent/guardian)
- For Full Credit - Answer Self Evaluation Questions before handing in your Practice Chart
- **Turn in Practice Chart by no later than the Friday after the due date listed below**

Day	Month	Date	\checkmark if you Practiced Correctly for at least 15 minutes	Concert Music	Scales/Other	Book
1	Dec	19		C	S	B
2	Dec	20		C	S	B
3	Dec	21		C	S	B
4	Dec	22		C	S	B
5	Dec	23		C	S	B
6	Dec	24	Winter	C	S	B
7	Jan	4	Break	C	S	B

Day	Month	Date	\checkmark if you Practiced Correctly for at least 15 minutes	Concert Music	Scales/Other	Books
8	Jan	2		C	S	B
9	Jan	3		C	S	B
10	Jan	4		C	S	B
11	Jan	5		C	S	B
12	Jan	6		C	S	B
13	Jan	7		C	S	B
14	Jan	8		C	S	B

Week 1 Total \checkmark s: _____
(Should be 5 or higher!)

Week 2 Total \checkmark s: _____
(Should be 5 or higher!)

Due Date

January 9th

Two-Week Total

Should be 10 or Higher!



Students Name
(Fill this in NOW)

Students Signature
(Not until day 14)

Parent's Signature
(Not until day 14)

Self Evaluation Questions – Please Complete Before Turning in your Practice Chart

1. Have you cleaned your mouthpiece this week (you should do this weekly)? Y N (circle)
2. Can you recite the four practice steps by memory? Y N (circle)
3. How many seconds can you hold a note without taking a breath? _____
4. Have you considered taking private lessons on your instrument? Y N (circle)
5. How many counts does a whole note receive in 4/4 time? One, Two, Four, Half (circle)
6. Did you complete at least one of the two Weekly Practice Challenges at www.amybejm.com ? Y N (circle)
Silly Answer(s): Week 1 - _____ Week 2 - _____
7. What is one way in which you can improve your practice habits next week?

8. Have you performed for anyone this week? Who?
