

The Four Practice Steps: (1) Label (2) Count. Clap and Tap (3) Finger/Sing (4) Play

Dayton Oaks Elementary School Band

Practice Chart 1

- Practice Charts are part of a student's musicianship and reflection grades to show that a student is trying their best to practice at home (even if it is not five days a week), is honest on how much they are practicing, and are keeping records of their home practicing.
- The goal is NOT to have 14 √'s, but to try your best and be honest with yourself and your reflections.
- Five days of home practice may not be possible every week and that is OK. Do your best to practice CORRECTLY and always work towards improving your routine.

Directions:

- Fill in "student's name" on each chart and keep current practice chart in student's binder at all times
- Place a √ in the box if you practiced CORRECTLY for at least 15 minutes that day
- Circle whether practice was C=Concert Music, S=Scales/Other or B=Books
- Student signs the Chart at end of each two-week cycle (parent signature is optional, but encouraged)
- Answer Self-Reflection Questions before handing in your Practice Chart
- **Turn in Practice Chart by no later than the Thursday after the due date listed below**

Day	Month	Date	√ if you Practiced Correctly for at least 15 minutes	Concert Music	Scales/Other	Book
1	Oct	1		C	S	B
2	Oct	2		C	S	B
3	Oct	3		C	S	B
4	Oct	4		C	S	B
5	Oct	5		C	S	B
6	Oct	6		C	S	B
7	Oct	7		C	S	B

Day	Month	Date	√ if you Practiced Correctly for at least 15 minutes	Concert Music	Scales/Other	Book
8	Oct	8		C	S	B
9	Oct	9		C	S	B
10	Oct	10		C	S	B
11	Oct	11		C	S	B
12	Oct	12		C	S	B
13	Oct	13		C	S	B
14	Oct	14		C	S	B

Week 1 Total √s: _____
(Aim for 5 or higher!)

Week 2 Total √s: _____
(Aim for 5 or higher!)

Due Date

October 15th

Two-Week √ Total

Aim for 10 or higher!



Student's Name
(Fill this in NOW)

Student's Signature
(Not until day 14)

Parent's Signature **OPTIONAL**
(Not until day 14)

Self-Reflection Questions – Please Complete Before Turning in your Practice Chart

1. Did you turn in your Band Contract from the Band Handbook? Y N (circle)
2. Are you playing with the best sound you can produce? Y N (circle)
3. Are you sitting/standing with correct posture with music stand at eye level? Y N (circle)
4. Are our Winter Concert and Spring Concert dates on your family's calendar? Y N (circle)
5. Is your name on your instrument case, binder, book and all music sheets? Y N (circle)
6. Did you complete the Weekly Practice Challenge on the website? Y N (circle) Silly Ans.: (1) _____ (2) _____
7. What is one way in which you can improve your practice habits next week?

8. Have you performed for anyone this week? Who?
