

The Four Practice Steps: (1) Label (2) Count. Clap and Tap (3) Finger/Sing (4) Play

# Dayton Oaks Elementary School Band

## Practice Chart 5

- Practice Charts are part of a student's musicianship and reflection grades to show that a student is trying their best to practice at home (even if it is not five days a week), is honest on how much they are practicing, and are keeping records of their home practicing.
- The goal is NOT to have 14 √'s, but to try your best and be honest with yourself and your reflections.
- Five days of home practice may not be possible every week and that is OK. Do your best to practice CORRECTLY and always work towards improving your routine.

**Directions:**

- Fill in "student's name" on each chart and keep current practice chart in student's binder at all times
- Place a √ in the box if you practiced CORRECTLY for at least 15 minutes that day
- Circle whether practice was C=Concert Music, S=Scales/Other or B=Books
- Student signs the Chart at end of each two-week cycle (parent signature is optional, but encouraged)
- Answer Self-Reflection Questions before handing in your Practice Chart
- Turn in Practice Chart by no later than the Thursday after the due date listed below**

Day	Month	Date	√ if you Practiced Correctly for at least 15 minutes	Concert Music	Scales/Other	Book
1	Nov	26		C	S	B
2	Nov	27		C	S	B
3	Nov	28		C	S	B
4	Nov	29		C	S	B
5	Nov	30		C	S	B
6	Dec	1		C	S	B
7	Dec	2		C	S	B

Day	Month	Date	√ if you Practiced Correctly for at least 15 minutes	Concert Music	Scales/Other	Books
8	Dec	3		C	S	B
9	Dec	4		C	S	B
10	Dec	5		C	S	B
11	Dec	6		C	S	B
12	Dec	7		C	S	B
13	Dec	8		C	S	B
14	Dec	9		C	S	B

Week 1 Total √s: \_\_\_\_\_  
(Aim for 5 or higher!)

Week 2 Total √s: \_\_\_\_\_  
(Aim for 5 or higher!)



**Due Date**

December 10<sup>th</sup>

**Two-Week Total**

Aim for 10 or Higher!

Student's Name  
(Fill this in NOW)

Student's Signature  
(Not until day 14)

Parent's Signature **OPTIONAL**  
(Not until day 14)

**Self-Reflection Questions – Please Complete Before Turning in your Practice Chart**

- Do you warm up properly when you enter your band classes? Y N (circle)
- It is better to practice something slow at first before trying to play it at performance tempo? T F (circle)
- How many seconds can you hold a note without taking a breath (use metronome at 60)? \_\_\_\_\_
- Have you cleaned your instrument/cases (winds only) since the beginning of the year? Y N (circle)
- How many counts does a whole rest receive in 4/4 Time? One, Two, Four, Half (circle)
- Did you complete at least one of the two Weekly Practice Challenges at [www.amybejm.com](http://www.amybejm.com)? Y N (circle)  
Silly Answer(s): Week 1 - \_\_\_\_\_ Week 2 - \_\_\_\_\_
- What is one way in which you can improve your practice habits next week?  
\_\_\_\_\_
- Have you performed for anyone this week? Who?  
\_\_\_\_\_