

The Four Practice Steps: (1) Label (2) Count. Clap and Tap (3) Finger/Sing (4) Play

## Dayton Oaks Elementary School Band Practice Chart 6

- Practice Charts are part of a student’s musicianship and reflection grades to show that a student is trying their best to practice at home (even if it is not five days a week), is honest on how much they are practicing, and are keeping records of their home practicing.
- The goal is NOT to have 14 √’s, but to try your best and be honest with yourself and your reflections.
- Five days of home practice may not be possible every week and that is OK. Do your best to practice CORRECTLY and always work towards improving your routine.

Directions:

- Fill in “student’s name” on each chart and keep current practice chart in student’s binder at all times
- Place a √ in the box if you practiced CORRECTLY for at least 15 minutes that day
- Circle whether practice was C=Concert Music, S=Scales/Other or B=Books
- Student signs the Chart at end of each two-week cycle (parent signature is optional, but encouraged)
- Answer Self-Reflection Questions before handing in your Practice Chart
- **TURN IN THIS PRACTICE CHART BY JANUARY 2<sup>ND</sup> DUE TO WINTER BREAK!**

Day	Month	Date	√ if you Practiced Correctly for at least 15 minutes	Concert Music	Scales/Other	Book
1	Dec	10		C	S	B
2	Dec	11		C	S	B
3	Dec	12		C	S	B
4	Dec	13		C	S	B
5	Dec	14		C	S	B
6	Dec	15		C	S	B
7	Dec	16		C	S	B

Day	Month	Date	√ if you Practiced Correctly for at least 15 minutes	Concert Music	Scales/Other	Books
8	Dec	17		C	S	B
9	Dec	18		C	S	B
10	Dec	19		C	S	B
11	Dec	20		C	S	B
12	Dec	21		C	S	B
13	Dec	22		C	S	B
14	Dec	23		C	S	B

Week 1 Total √s: \_\_\_\_\_  
(Aim for 5 or higher!)

Week 2 Total √s: \_\_\_\_\_  
(Aim for 5 or higher!)

**Due Date**

**DUE TO WINTER BREAK - January 2<sup>nd</sup>**

**Two-Week Total**

Aim for 10 or Higher!



Student’s Name  
(Fill this in NOW)

Students’ Signature  
(Not until day 14)

Parent’s Signature  
(Not until day 14)

**Self-Reflection Questions – Please Complete Before Turning in your Practice Chart**

1. Have you cleaned your mouthpiece this week (you should do this weekly)? Y N (circle)
2. Can you recite the four practice steps by memory? Y N (circle)
3. How many seconds can you hold a note without taking a breath? \_\_\_\_\_
4. Have you considered taking private lessons on your instrument? Y N (circle)
5. How many counts does a whole note receive in 4/4 time? One, Two, Four, Half (circle)
6. Did you complete at least one of the two Weekly Practice Challenges at [www.amybejm.com](http://www.amybejm.com) ? Y N (circle)  
Silly Answer(s): Week 1 - \_\_\_\_\_ Week 2 - \_\_\_\_\_
7. What is one way in which you can improve your practice habits next week?  
\_\_\_\_\_
8. Have you performed for anyone this week? Who?  
\_\_\_\_\_