

The Four Practice Steps: (1) Label (2) Count. Clap and Tap (3) Finger/Sing (4) Play

Dayton Oaks Elementary School Band

Practice Chart 9

- Practice Charts are part of a student’s musicianship and reflection grades to show that a student is trying their best to practice at home (even if it is not five days a week), is honest on how much they are practicing, and are keeping records of their home practicing.
- The goal is NOT to have 14 √’s, but to try your best and be honest with yourself and your reflections.
- Five days of home practice may not be possible every week and that is OK. Do your best to practice CORRECTLY and always work towards improving your routine.

Directions:

- Fill in “student’s name” on each chart and keep current practice chart in student’s binder at all times
- Place a √ in the box if you practiced CORRECTLY for at least 15 minutes that day
- Circle whether practice was C=Concert Music, S=Scales/Other or B=Books
- Student signs the Chart at end of each two-week cycle (parent signature is optional, but encouraged)
- Answer Self-Reflection Questions before handing in your Practice Chart
- **Turn in Practice Chart by no later than the Thursday after the due date listed below**

Day	Month	Date	√ if you Practiced Correctly for at least 15 minutes	Concert Music	Scales/Other	Book
1	Jan	28		C	S	B
2	Jan	29		C	S	B
3	Jan	30		C	S	B
4	Jan	31		C	S	B
5	Feb	1		C	S	B
6	Feb	2		C	S	B
7	Feb	3		C	S	B

Day	Month	Date	√ if you Practiced Correctly for at least 15 minutes	Concert Music	Scales/Other	Books
8	Feb	4		C	S	B
9	Feb	5		C	S	B
10	Feb	6		C	S	B
11	Feb	7		C	S	B
12	Feb	8		C	S	B
13	Feb	9		C	S	B
14	Feb	10		C	S	B

Week 1 Total √s: _____
(Aim for 5 or higher!)

Week 2 Total √s: _____
(Aim for 5 or higher!)

Due Date

February 11th

Two-Week Total

Aim for 10 or Higher!



Student’s Name
(Fill this in NOW)

Student’s Signature
(Not until day 14)

Parent’s Signature **OPTIONAL**
(Not until day 14)

Self-Reflection Questions – Please Complete Before Turning in your Practice Chart

1. Have you visited the “Cool Links” section at www.amybejm.com? Y N (circle)
 2. Have you cleaned out your mouthpiece and/or case this month? Y N (circle)
 3. Do you have two pencils with erasers in your instrument case? Y N (circle)
 4. Are you using your metronome 100% of the time? Y N (circle)
 5. How many counts does an eighth note receive in 4/4 time? One, Two, Three, Four, Half (circle)
 6. Did you complete at least one of the two Weekly Practice Challenges on www.amybejm.com? Y N (circle)
- Silly Answer(s): Week 1 - _____ Week 2 - _____
7. What is one way in which you can improve your practice habits next week?

 8. Have you performed for anyone this week? Who?
