

How to Practice Your Band Assignments

Remember that practice doesn't make perfect, perfect practice makes perfect! Don't just pull your instrument out of your case and run through your band assignments. Take 10 minutes to 15 minutes a day on your band assignments and use the four practice steps below with each of your assignments. If you practice using this method you WILL succeed!!

Steps	With Pencil	With Hands	With Foot	With Mouth	Set Metronome
1. Label	Write the counts under the notes, but DO NOT write the note names				
2. Clap		Clap the rhythms of the music	Tap foot silently on every beat	Say the counts out loud	72 Beats per minute
3. Finger		Push keys/valves or move slide	Tap foot silently on every beat	Sing/say the note names out loud	60 beats per minute
4. Play		Push keys/valves or move slide	Tap foot silently on every beat	Play with correct embouchure and clear tonguing	60 beats per minute and increase to at least 72